

THE LARGEST SELLING ENGLISH MONTHLY MAGAZINE

HUM
CELEBRATES
WOMEN!

SAVE YOUR
SKIN FROM
TOXIC
POLLUTANTS
TODAY!

SHE

MARCH 2020

5 MINUTES TO
A HAPPIER AND
HEALTHIER YOU!

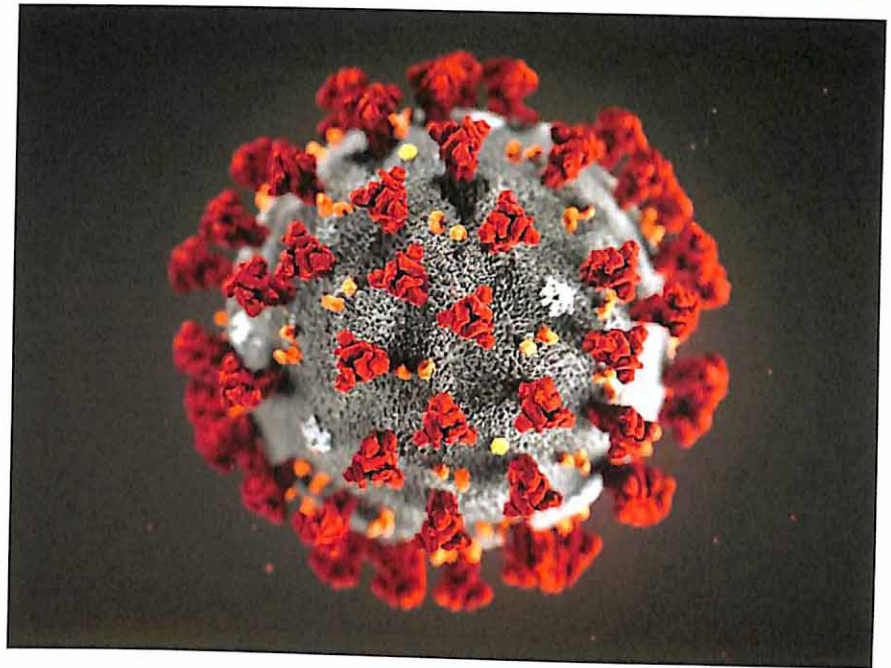
All eyes on you!
NAUSHEMIAN
by NAUMAN ARFEEN

REMEMBERING
LAILA
SHAHZADA

Shine On!

FROM NIGHAT MISBAH AT DEPILEX

IS PAKISTAN READY FOR THE CORONA OUTBREAK?



2020 has brought a major challenge in the form of COVID-19, more commonly referred to as the coronavirus, which has sent shockwaves to economies all around the world. The mysterious virus that originated from Wuhan, China has now spread in more than 90 countries affecting more than 110,000 people globally. The mortality rate that was first being quoted as 2% has now gone up to 3.4% as per the World Health Organization (WHO.)

With more than 3100 people dead in China, and over 194 in Iran, Italy has also emerged as one of the most affected countries with 366 people dying in a matter of days. Pakistan so far has had 7 confirmed cases of the corona virus as per the defacto health minister, Dr. Zafar Mirza, it was also shared that most of the affected cases have a travel history of Iran. Situated between the epicenter of the virus, China, and the severely affected Iran, Pakistan runs a grave risk of being attacked with the virus. And while China has been dealing with the virus exceptionally well, the Islamic republic is battling one of the world's deadliest outbreaks of the disease with incompetent resources to fight the virus. All educational institutes have been shut down throughout the country to minimize the risk of spreading the virus, effective screening mechanism has been adopted at all points of entry and personal protection equipment kits have been given to the health staff.

The government unveiled its National Action Plan amidst the corona outbreak in the country which involves full coordination of the provinces to deal with the cases testing positive for the virus and increased manpower at major hospitals dedicated to fighting the virus. All entry points to the country have also been under surveillance that is more stringent so that people arriving from affected countries can be thoroughly quarantined for further tests. Pakistan has also closed its borders with Afghanistan and Iran, however the trade activities between Iran and Pakistan have been resumed after 14 days of being halted at the Taftan border where quarantine centers have been established to screen the pilgrims coming from Iran. The country is facing a health emergency amidst fears of the virus spreading. The masks to protect others from this virus have gone short or are being sold for higher prices, sanitizing items are now being sold at almost triple the prices as the government imposed a ban on import of these items. Authorities have issued precautionary guidelines cautioning people to avoid meeting people returning from coronavirus-affected countries, washing hands frequently and wearing masks to avoid being infected.

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REMEMBERING THE FEMALE PIONEER ARTIST LAILA SHAHZADA



LAILA SHAHZADA WITH SHAHID SAJJAD



Laila Shahzada was a renowned international artist, originally from Pakistan. She obtained her education in art from the Royal Drawing Society in London. From 1958 to 1960, Shahzada took the opportunity to receive training from the famed artist, Ahmed Saeed Nagi. She later arrived in Pakistan and exhibited her first solo work in 1960 at the Arts Council in Karachi, her work primarily focussing on the Indus Civilisation. Her art was mainly in abstract and oil paint, her medium. She then went on to hold more exhibitions in Pakistan, as well as in countries that included England, France, Japan and the USA. Shahzada became the first female artist of Pakistan to receive 'Key of the City' of New York award in USA. In 1984, the Government of Pakistan conferred Shahzada with 'Tamgha-E-Imtiaz' award and in 1995, the Presidential Award, 'Tamgha-E-Husn-E-Karkardagi'.

Laila Shahzada passed away in Islamabad, Pakistan in July 20, 1994. The Pakistan Post issued a postage stamp on Pakistan's Independence Day in 2006, in Shahzada's honour.

Courtesy: <https://arttvpakistan.tv/the-pride-of-pakistan-laila-shahzada>



COMING UP THE 100TH EXHIBITION AT GALLERY 6 IN ISLAMABAD

GALLERY 6, Islamabad, will celebrate its 12th anniversary with 'The 100th Exhibition' on March 20, 2020. The gallery will exhibit 50 renowned and emerging painters, sculptors and print designers. Moreover, Gallery 6 holds art retreats annually, based on the theme 'Art for Climate Change', to raise public awareness through art on climate change issues.

Courtesy: <https://arttvpakistan.tv>

SAHAR MANSOOR

THE NEW, INVENTIVE PURIST

SHE Magazine met with the young artist at the Koel Art Gallery in Karachi, Sahar Mansoor, who is also founder of 'Paiman' that sells herbal products.

Sahar said: "The concept of my artwork is revival of the bygone, traditional epoch in today's contemporary setting. I use a variety of mediums such as acrylic, poster paints, pen and ink, digital, etcetera. Each of my work has a different concept. For example, some of the frameworks in my miniature artwork are carved to emulate antique windows. I also write poems based on the same theme – it is my intention to revive traditionalism of times gone by. Also, my mother, Sana Mansoor, is the co-founder and my greatest asset – we are a team!"

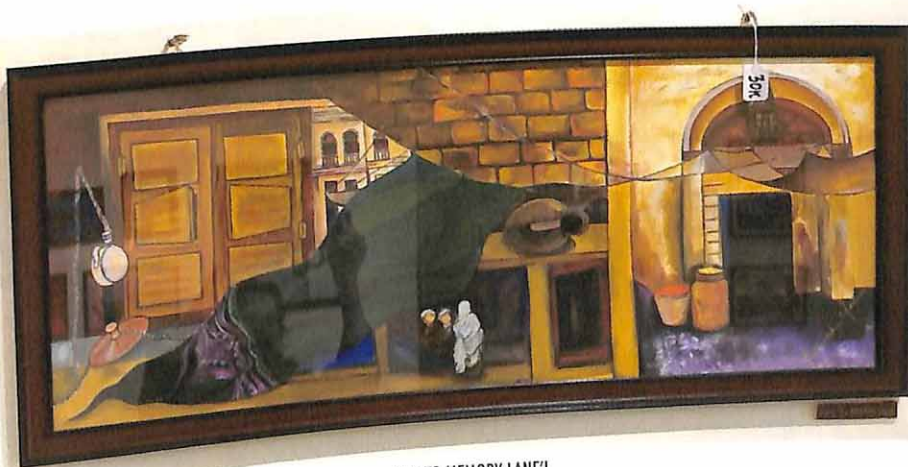
Speaking to the artist's mother, Sana Mansoor, it was easy to understand that: "My daughter is a perfectionist and focuses a lot on details. My two sons are also here helping, so my entire family is working together. Previously, I ran a business selling handicraft items. However, I was unable to pursue this passion after my marriage, so I encouraged my daughter to continue what came naturally to her – artistry. I then wound up my business to work alongside my daughter. I designed the invites: dried coconut bowls containing dry fruit, seeds, and dried rose petals and giveaways to guests were bottles containing Paiman's hand-pressed oils."



SAHAR MANSOOR (RIGHT) WITH MOTHER SANA MANSOOR



'ROOTED LINES' OUTLINED WITH JUTE



'KEY TO MEMORY LANE'



'AKS' (REFLECTION)



'AWAY'



PEN AND INK DRAWING WITH FRAMED WINDOWS

THE LARGEST SELLING ENGLISH MONTHLY MAGAZINE

STREET
STREET

MARCH 2020

**CELEBRITY
SPECIAL**
YOUR
FAVOURITE
CELEBS
AS KIDS

**WHAT TO
DO WHEN
YOUR
CHILD
FAILS**

MAJESTIC
BRIDE
by ROSE BEAUTY PARLOUR